



The road from tradition to “9G”

Drumul de la tradiție la “9G” (noua generație)

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The 24th Congress of the Romanian Society of Pneumology (RSP), a national far-reaching congress that took place between 5-8 October at Poiana Brașov, has just ended.

Held and dedicated to a theme of great interest for the everyday practice of pneumologists – “Exacerbation - *Quo vadis?* - the interdisciplinary role of exacerbation” – this congress enabled a new powerful approach of the critical moments in the respiratory patient, in whose understanding participated 43 foreign speakers and 154 Romanian opinion-makers from many specialties, contributing with their expertise to the elucidation of these crisis situations from our medical practice.

In the four days of the conference, the offer was extremely diverse for the over 1100 participants: 17 pre-congress courses, credited with 3 hours of Continuous Medical Education, 33 major symposia and 94 oral communications. The congress success was guaranteed by the 12 scientific partners and by a prestigious presence of representatives of the Romanian diaspora.

The whole congress had a multitude of sessions in partnership with other professional societies. Among these, I would mention the sessions held with the Cardiac Society, with the Gastroenterology Society, with the Thoracic Surgery Society, and also the common sessions with the American Thoracic Society, with Société de Pneumologie de Langue Française and with European Network for Smoking Prevention.

It is difficult to singularize from the variety of symposia and pre-congress courses a specific one. However, I think that with their extensive participation, the pneumologists pointed the most interesting presentations, of which we can mention: “MDR Tuberculosis – actualities and perspectives in 2016”, “Pulmonary tuberculosis – are

there any reasons for being optimistic?”, “Atypical mycobacteriosis – *Quo vadis* Mycobacterium?”, “Thoracic ultrasonography”, “COPD and cancer – from strategies to new therapies”, “Surgical connections in respiratory diseases”, “Bronchial asthma between guides and pediatric practice”, “The challenges of management in diffuse interstitial lung diseases”, “Pulmonary hypertension – multiple clinico-therapeutic aspects. An exercise on cases”, “All is old and all is new... in bronchial asthma”, “New perspectives in somnology” etc.

There were also a few common sessions with other Romanian or foreign professional associations, such as: The Symposium “Professional pathology and exacerbations”, “Romanian Pneumology – interferences across Prut and in Bucovina”, “Protection of the passive smoker – reality or illusion?”, “Exacerbations – interdisciplinary connections”, “Exacerbations – at the frontier between pediatrics and the young adult pneumology”, “Pulmonary microbiome – turntable for colonizations and exacerbations”, “Neurology - Pneumology - Oncology interferences: a common ground – exacerbations”, “Aspergillosis, from colonization to exacerbations”, “Respiratory diseases in the Balkans in 2016”, “Gastroesophageal reflux disease and respiratory exacerbations”, “Mucoviscidosis, exacerbations but not only” etc.

The offer at this major meeting of all pneumologists was also extremely generous on other aspects. The students and residents participated in a large number, having the same facilities as seniors regarding the congress fee or the presence at the pre-congress courses. We would hereby like to thank the many pharmaceutical companies which supported this high financial effort.

For the first time, we succeeded in organizing three important events: the Session of young specialists “9G –



what do we know and what do we need to know?”, a roundtable with patients’ associations, and an outdoor run of the pneumologists, taking advantage of the generous offer of fresh mountain air from Poiana Brașov.

We also want to thank all our colleagues from the organizing committee, and not only, who supported us in the completion of this complex programme. As usual, the pharmaceutical companies participated with satellite-symposia focused mainly on COPD, a frequent disease these days, but also on other topics, with approaches that didn’t exist previously in national congresses, such as: respiratory infections, idiopathic diffuse interstitial lung diseases or modern therapies in oncology. The last day of the event – as it happens for a very long time at the international congresses – was dedicated to nurses section, with many courses focused on their everyday practice.

The guideline of this national event, from the beginning to the last day, was related to the message from a book release, “History files: The Society that changes society”. The book release marked 10 years since our professional society changed, becoming more dynamic, with large scale and small scale events and with initiatives that actively promoted the image of Romanian pneumology in all these years.

The Newsletter printed on this occasion was another element that analyzed by work groups and sections the contribution of each leader or RSP member, completing the image of our professional society. We hope that in the future there will also be present the two groups whose bases were laid at this congress: the one of pulmonary transplant and the one of young specialists. The 24th Congress of the Romanian Society of Pneumology proved once again that this professional body of pneumologists is ready for the challenges of the new decade in their work field, achieving an impressive dynamic, appreciated by other professional societies, and also by the many foreign participants at this congress. ■

