

# Towards a regional network of respiratory medicine

Dear Sir,

Modern medicine is at a stage when very little can be achieved if working in isolation. This is true for individual departments, but it is also true for individual physicians who still wish to practice in isolation. David M. Eddy, a physician, mathematician, and healthcare analyst, who has done seminal work in mathematical modeling of diseases, clinical practice guidelines, and was the first to publish the term “evidence based”<sup>(1)</sup> summarized very nicely the current state of affairs: “the complexity of modern medicine exceeds the capacity of the unaided expert mind”.

In Central and Eastern Europe (CEE) we still like to work in isolation. Perhaps we are made to believe, by the pressure of our patients, that some of us are the best, or some demigods in our chosen area of medicine. Our patients are not educated to ask to see “the best network of doctors”; our patients still want to see “the best doctor” in town.

In reality much of the clinical work and research in CEE is done in isolation, is fragmented, is driven by individual connections and sources of funding, and the clinical practice varies greatly. Despite integration in EU, there is still a wide variation in clinical practice and in research potential between countries, with a significant gap between Western Europe and CEE. Because of this, very little clinical and research work from CEE that is relevant to the local patients is encouraged, and even less gets acknowledged and published in the Western, high impact, journals<sup>(2)</sup>.

So what can be done? Establishing a regional respiratory network for respiratory clinical and research cooperation seems to be a sensible step forward. Models exist for TB, but the rest of respiratory pathology is hardly covered. Networks are able to deliver a higher volume of relevant clinical and research studies, a locally relevant peer review system and a stronger voice on the European arena. A regional network can promote regional relevant education and training. A regional network can offer a coordinated system of support for standardization of clinical practice, according to the local facilities, technical assistance and support for funding. Moreover a regional respiratory network can support the formation of clusters that can provide specific assistance and spread their excellent work they have been doing.

**Are you interested? It is not difficult to set up a regional network.**

In order to create one we need a set of clinicians interested in working together. For a network to be efficient it is critical that we share information and that we have for-

mal and informal ways of communicating. The journal *Pneumologia*, now published fully in English, and with a strong peer review infrastructure, is offering its support to start such a network.

All of you interested should write to the journal, email to us, or comment publicly on this letter. We are looking very much forward to hearing your views and getting your support.

Yours sincerely,

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## References

1. Virtual Mentor. January 2011, Volume 13, Number 1: 55-60.
2. [http://www.worldmapper.org/posters/worldmapper\\_map205\\_ver5.pdf](http://www.worldmapper.org/posters/worldmapper_map205_ver5.pdf)

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